

Saili Malo✦

“LEVEL UP!” PREPARE FOR YOUR FUTURE

Workbook 2
Junior High School
Learners
Years 9-10



Talofa Lava, Kia Orana, Malo e lelei, Ni sa bula vinaka, Fakaalofa lahi atu, Malo ni and Kia ora.

The purpose of this workbook is to help you to identify your interests (the things that you like!).

It will also help you to start exploring what jobs relate to your interests and how this will help you choose future subjects at school.

Meet Malia

Talofa lava! My name is Malia and I am in year 9. I live with my mum and dad and two older brothers. We all volunteer at our local church and I help to set-up the Sunday School rooms. I love watching Tik Toks and read lots too. Let's discover more about future subjects.

Meet Tana

Kia orana! My name is Tana and I am in year 10. I love being active and enjoy rugby, kilikiti and waka ama. I live with my aunty and uncle and help to look after my cousins. I would love to work outdoors all day if I could. Join me as we learn about different jobs and pathways.



Acknowledgments

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We also acknowledge and value the voice of the Pacific Career Practitioners Network for their feedback in the process of content development.

This resource is to help realise the career dreams of our young people and their parents and support them into prosperous journeys ahead.

Malo 'aupito

Rose Jamieson

National Director: Te Pae Aronui - Parent Information and Community Intelligence (PICl),

Ministry of Education

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LESSON 1

Know your strengths



It is important to know the best things about yourself. This gives you confidence!

Friend

Find a friend in your group or class and work on this activity together.

Ask the other person the following questions and write down their answers below.

What things does my friend say I'm good at doing?

What words would they use to describe me?

Family

Take a moment to think about your family (includes siblings, parents, aunties, uncles, grandparents etc), OR, find a family member in-person to work on this activity together.

Write down your answers below to the following questions:

What things does my family say I'm good at doing?

What words would they use to describe me?

School

Take a moment to think about your school (includes teachers, sports coaches, Assistants, Principal etc).

Write down your answers below to the following questions:

What things does my school say I'm good at doing?

What words would they use to describe me?

LESSON 2

Know yourself



Did you know your interests can help you explore what job you might want to do in the future? Use the following activity to learn more about your preferences!

Instructions...

- » Take a look at each of the six different types and decide which ones you like. There may be some where you share the same interest and characteristics.
- » After reading through each of them, tick your three best types. There's no right or wrong answer - **choose what feels good to you!**
- » With your three best types, see if you can rank them in order. Put a **'1'** next to your top choice, **'2'** next to your second best choice, and **'3'** next to your final best choice.

Practical Person (Do-er)

CHARACTERISTICS	CAREER PATHWAYS INCLUDE:
<ul style="list-style-type: none"> » Enjoy working with your hands » Like being outdoors » Tend to be athletic and enjoy sport » Like working with objects, machines, tools, plants and animals » Prefer to work with things rather than ideas or people » Have mechanical abilities » Good at fixing, assembling or building things 	<ul style="list-style-type: none"> » Mechanic » Carpenter » Builder » Police Officer » Electrician » Horticulture Worker » Gardener » Machine Operator » Armed Forces (Army, Navy) » Corrections Officer » Plumber » Sports Equipment Technician » Park Ranger » Sportsperson » Upholsterer » Engineer » Heavy Machine Operator
SUBJECTS YOU CAN STUDY TO GIVE YOU THE SKILLS:	ROLE MODELS:
<ul style="list-style-type: none"> » English » Maths » Workshop » Technology » Computing » Business Studies » Agriculture » Horticulture » Physical Education 	<ul style="list-style-type: none"> » William Cuthers - NZ Police/Researcher » Robert Piutau - Builder » Junior Taulago - Farmer » Sulu Tone-Fitzpatrick - Sportsperson » Trish Fatu - NZ Police.

Investigative Person (Thinker)

CHARACTERISTICS	CAREER PATHWAYS INCLUDE:
<ul style="list-style-type: none"> » Likes knowledge, discovery and investigating things » Enjoys analyzing and solving problems » Values and enjoys science » Curious, logical and precise » Enjoys learning by reading and study » Tends to avoid leading, selling or persuading people » Likes puzzles and strategy games 	<ul style="list-style-type: none"> » Physician, » Psychologist » Medical Lab Technologist » Software Engineer » Computer Programmer » Civil Engineer » Veterinarian » Researcher » Medical and Health Occupations » Chemist » Marine Scientist » Zoologist » Doctor » Dentist
SUBJECTS YOU CAN STUDY TO GIVE YOU THE SKILLS:	ROLE MODELS:
<ul style="list-style-type: none"> » English » Maths » Science (Biology, Chemistry, Physics) » Computing » Technology » History 	<ul style="list-style-type: none"> » Eteroa Lafaele - IT » Dr Lupe Taumoepeau - Surgeon » Adam Faatoese - Doctor » Lefaoali'i Dion Enari - Lecturer/Researcher » Dr Tule Fanakava Misa - Dentist » Karina Kaufusi - Engineer » Helen Woolner - Chemical Scientist » Namulau'ulu Taotua Leaoa Joshua Robertson - Civil Engineer.

Creative Person (Artist)

CHARACTERISTICS	CAREER PATHWAYS INCLUDE:
<ul style="list-style-type: none"> » Like being artistic, innovative or intuitive » Love to use your imagination and creativity » Enjoy activities such as art, drama, crafts, dance, music or creative writing » Generally avoid activities that are repetitive and predictable 	<ul style="list-style-type: none"> » Content Creator » Graphic/Motion Designer » Advertising Executive » Copywriter » Museum Curator » Writer/Editor » Translator » Musician » Dancer » Architect » Photographer » Composer » Dancer » Actor » Reporter » Writer » Editor » Hairdresser » Fashion Designer » Illustrator
SUBJECTS YOU CAN STUDY TO GIVE YOU THE SKILLS:	ROLE MODELS:
<ul style="list-style-type: none"> » Social Studies » Music » Drama » Art » Design and Visual Arts » Computing » Business Studies » Languages 	<ul style="list-style-type: none"> » Tuputau Lelaulu - Architect » Monique Fiso - Chef/Business Owner » Pene Pati - Opera Singer » Daniel Faitaua - Journalist » Michel Mulipola - Comic Book Artist » Jacob Luamanuvae-Su'a - Digital Effects » Evo Leota-Tupou - Designer » Parris Goebel - Choreographer.

Helping Person (Carer)

CHARACTERISTICS	CAREER PATHWAYS INCLUDE:
<ul style="list-style-type: none"> » Enjoys helping, teaching and explaining things to others » Like to train, motivate or cure people » Usually skilled with words » Value helping people and solving social problems » Describes themselves as helpful, friendly and trustworthy » Generally avoids using machines, tools or animals to achieve a goal 	<ul style="list-style-type: none"> » Career pathways include: » Social Worker » Youth Worker » Nurse » Teacher » Counsellor » Minister/Chaplain » Speech Therapist » Dietitian » Child Care Worker » Customer Services Representative » Waiter » Secretary » Salesperson » Health Promoter » Recruiter.
SUBJECTS YOU CAN STUDY TO GIVE YOU THE SKILLS:	ROLE MODELS:
<ul style="list-style-type: none"> » English » Social Studies » Maths » Science » Health » Art » Computing » Business Studies » Languages 	<ul style="list-style-type: none"> » Dr Julie Ioane - Psychologist/Lecturer » Iosefo Joseph Fa'afiu - Pastor/Motivational Speaker » Saane Langi - Counsellor/Business Owner » Angela Maisiri - Teacher » Robbie Timo - Teacher/Sports Coach » Cameron Webster - Student Services » Marie Timote - Nurse.



Did you know **Michel Mulipola** illustrated these workbooks. He's a famous comic book artist... and a professional wrestler!

Enterprising Person (Persuader)

CHARACTERISTICS	CAREER PATHWAYS INCLUDE:
<ul style="list-style-type: none"> » People who like to work with others » Enjoy persuading, performing, leading or managing others to achieve goals » Entrepreneurial and like creating opportunities » Values success, status and risk-taking » Sees self as energetic, ambitious and sociable » Generally avoid activities that require careful observation and scientific, analytical thinking 	<ul style="list-style-type: none"> » Real Estate Agent » Politician » Travel Agent » Financial Planner » Sales Representative » Stockbroker » Small Business Owner » Bartender » Manager/CEO » Salesperson » Lawyer » Music or Sports Promoter.
SUBJECTS YOU CAN STUDY TO GIVE YOU THE SKILLS:	ROLE MODELS:
<ul style="list-style-type: none"> » English » Maths » Business Studies » Accounting » Economics » Social Studies » Drama » Computing » Text Information Management » Languages 	<ul style="list-style-type: none"> » Hon. Carmel Sepuloni - Politician » Margie Apa - Health CEO » Wilberforce Tupua - Lawyer » Steve Tapa - Sports Management » Tovia Va'aelua - Business Manager » Tupetoa Ronald (Ronji) Tanielu - Law/Policy » Lisa Tai - Business Director » Xavier Tofilau - Real Estate.

Organising Person (Detailer)

CHARACTERISTICS	CAREER PATHWAYS INCLUDE:
<ul style="list-style-type: none"> » People who like data and have numerical ability » Good at organising things » Like to carry out tasks in detail or follow-through on others' instructions » Prefer to work with numbers, records, or machines in a set, orderly way » Generally avoids unclear, unstructured activities » Describes self as good at following a set plan 	<ul style="list-style-type: none"> » Accountant » Actuary » Computer Operator » Data Processor » Medical Records Technician » Paralegal » Insurance Adjuster » Bank Worker » Secretary » Receptionist » Office Worker » Librarian » Dispatch Clerk
SUBJECTS YOU CAN STUDY TO GIVE YOU THE SKILLS:	ROLE MODELS:
<ul style="list-style-type: none"> » English » Maths » Business Studies » Accounting » Economics » Computing » Information Management 	<ul style="list-style-type: none"> » Eli Tagi - Accounting » Angelique Tuaputa - Libraries » Caroline Saufoi - Business Services » Don Aue - Financial Services » Hana Velio - Finance » Tagaloa Michael Stowers - Accounting

LESSON 3

Explore career information like a boss!



The more information we get about jobs, the more prepared we are for choosing future subjects.

It is impossible to know everything about jobs and study pathways, however we can learn how to find the information easily and quickly!
There are many useful online websites and tools with great career information, so now we will build our confidence to find it on our devices.

Activity

- 1 Use your device to locate the Careers New Zealand website: www.careers.govt.nz
- 2 Click on 'Job Profiles' or use the search box to type the word: **SOCIAL WORKER**

Based on the information on the website, answer the following questions:

What does a Social Worker do?

How much does a Social Worker get paid?

How many years of training do you need to do?

What study do you need to complete to become a Social Worker?

What subjects are useful to take at school?

Activity: Your turn!

Go back and find two jobs you want to learn more about. Complete the information below:

Name of job:

What do you do in that job?

How much do you get paid in that job?

How many years of training do you need to do?

What study do you need to complete to do that job?

What subjects are useful to take at school?

Name of job:

What do you do in that job?

How much do you get paid in that job?

How many years of training do you need to do?

What study do you need to complete to do that job?

What subjects are useful to take at school?

LESSON 4

Subject brainstorm



Choosing the right subjects can help you to access the right training and learning opportunities.

Based on 'Know Yourself' activity and using the Careers New Zealand website, what subjects do you think might be useful for you to take in the future?

Circle the subject areas that apply:

Health and Physical Education

Design and Visual Communication

Digital Technologies

Physics and Earth and Space Sciences

Accounting, Business Studies and Economics

Dance, Drama, Music and Te Ao Haka

Classical Studies and History

Mathematics and Statistics

Social Sciences

Biology

Chemistry

Te Reo Māori

Languages

LESSON 5

Know your squad



It is important to have special people in your life who you can turn to when you need help

Imagine you win a big award and you have to go on the stage to accept your trophy.

Who are the people you would thank in your speech?

What would you say to each of them?

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